

Grade	Time per Quarter	Clock Stops	Press Rules	Timeouts	Free Throw	Bonus Free Throws	Basketball
4th Girls and Boys	6 minutes per quarter	Clock runs except for timeouts, free throws, and last 3 minutes of 2nd and 4th quarter.	Last 3 minutes of 2nd and 4th quarter. Cannot press if team is ahead 10	2 fulls and 1 30 second timeouts total in the game	2 feet in front of regulation free throw; marked by dash	On the 7th foul	28.5 ball
5th Girls and Boys	6 minutes per quarter	Clock runs except for timeouts, free throws, and last 3 minutes of 2nd and 4th quarter.	Last 3 minutes of 2nd and 4th quarter. Cannot press if team is ahead 10	2 fulls and 1 30 second timeouts total in the game	Girls: 2 feet in front of regulation free throw Boys: regulation	On the 7th foul	28.5 ball
6th Girls and Boys	6 minutes per quarter	Clock runs except for timeouts, free throws, and last 3 minutes of 2nd and 4th quarter.	Full court press at any time. Cannot press if team is ahead 10	2 fulls and 1 30 second timeouts total in the game	Regulation	On the 7th foul	28.5 ball
7th Girls and Boys Lakefront	6 minutes per quarter	Clock stops on all whistles	Full court press at any time. Cannot press if team is ahead 15	3 full and 1 30 second timeouts total in the game	Regulation	Shoot on the 8th foul	Girls 28.5 Boys Regulation
7th Girls and Boys Skyline	6 minutes per quarter	Clock stops on all whistles	Last 3 minutes of 2nd and 4th quarter. Cannot press if team is ahead 10	3 full and 1 30 second timeouts total in the game	Regulation	Shoot on the 8th foul	Girls 28.5 Boys Regulation
8th Girls and Boys Lakefront	7 minutes per quarter	Clock stops on all whistles	Full court press at any time Cannot press if team is ahead 20	3 full and 1 30 second timeouts total in the game	Regulation	Shoot on the 8th foul	Girls 28.5 Boys Regulation
8th Girls and Boys Skyline	7 minutes per quarter	Clock stops on all whistles	Last 3 minutes of 2nd and 4th quarter. Cannot press if team is ahead 10	3 full and 1 30 second timeouts total in the game	Regulation	Shoot on the 8th foul	Girls 28.5 Boys Regulation

Pregame Warm Up and Halftime: 5 minutes